

## CHAMOMILE FAMILY

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### 1. INSTRUCTIONS FOR USE (LEAFLET)

#### 1.1. Product Description

Nullscar™ is a soft, semi-occlusive silicone adhesive plate with active principals of chamomile oil and vitamin E in its composition. It has long-lasting adhesion, is reusable and is easily molded to the body. It is indicated to prevent stretch marks and the widening of existing stretch marks; reduce malar and lower eyelid edema; promote greater comfort from post-operative symptoms; and for ocular occlusion.

#### 1.2. Product Composition

Nullscar™ plates are composed of:

- Dimethyl polysiloxane-based silicone elastomer.
- Dimethyl polysiloxane-based silicone elastomer with platinum complexes.
- Chamomile Oil.
- Vitamin E.

#### 1.3. Mechanisms of Action

##### 1.3.1. Physical Action

- Through its mechanical action, the Nullscar™ plate promotes pressure therapy, minimizing edema and bruising.
- Nullscar™ silicone adhesive plate protects the skin from external friction.
- Nullscar™ Tape Mommy improves support and inhibits skin stretching, preventing stretch marks.

##### 1.3.2. Biochemical Action

- The use of the Nullscar™ silicone adhesive plate maintains an optimal level of moisture in the skin, providing adequate hydration, which facilitates the organization of collagen fibers.
- Chamomile oil has a moisturizing and emollient action, combating dryness, in addition to presenting anti-allergic and anti-irritant properties.
- Vitamin E has antioxidant and emollient actions.
- Stabilizes mast cells, reducing pruritus (itching).

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### 1.4. Indications

- The chamomile in the adhesive hydrates and soothes the skin.
- Tape Malar is indicated for the prevention and reduction of malar and lower eyelids edema, and for reducing hematoma.
- Tape Eye is indicated in therapies for lagophthalmos, strabismus, amblyopia or any pathology that requires ocular occlusion.
- Tape Mommy intensifies skin hydration during the last trimester of pregnancy, protecting the rapid and abrupt stretching of dermal fibers, preventing the appearance of stretch marks or even the increase in pre-existing stretch marks and diastasis during pregnancy. In addition, it helps reduce the feeling of heaviness in the lower abdomen in the last months of pregnancy. In the immediate postpartum period, it assists the accommodation of the internal organs until the abdominal muscles return to their contraction strength.

### 1.5. Contraindications

- Never use a plate over sutures (stitches).
- Do not use in case of hypersensitivity to the components.
- Never apply on open, infected, exudative, crusted wounds, or mucous membranes. If the skin around the scar is irritated, do not use Nullscar™.
- Never use on burn areas that are not fully healed or are still exuding fluids.
- Gestational pruritus.
- Do not use it if you are hypersensitive to adhesives.

### 1.6. Precautions

- Do not apply lotions, ointments, moisturizers, sunscreen, makeup or skin care products before attaching the plate to the skin to avoid interfering with adhesion.
- In cases of skin irritation, stop using the plate until symptoms improve. If symptoms persist, seek medical advice.

### 1.7. Important Recommendations/Warnings

- The product and its packaging must be intact; if the packaging is damaged, the product must not be used.
- This product is not sterile.
- During initial use, adhesive residue with active ingredients may be observed on the skin, it can be removed with gentle rubbing.
- Follow appropriate storage precautions to avoid exposing the plate to external agents such as talc, dust, hair, or oils that interfere with adhesiveness.
- Comply with the product's expiration date.
- Keep this product out of reach of children.

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- The use of Tape Mommy should be started in the last trimester of pregnancy, that is, from the 26th (twenty-sixth) or 27th (twenty-seventh) week of pregnancy. Initially, it must be used for 4 hours a day, gradually increasing until reaching 8 to 12 hours a day, with the possibility of extending the time at the user's discretion.

### 1.8. Possible Side Effects

- There are few adverse effects reported with the use of gel, tapes and/or silicone plates for scar treatment. However, reactions such as pruritus (itching), contact dermatitis, irritation, rashes and maceration may occur in the area covered by the product.
- If any of these reactions occur, it is recommended to reduce the daily use of the Nullscar™ silicone adhesive plate, alternating with periods of rest. If any of these symptoms persist, discontinue use, and consult your doctor.

### 1.9. How to use Nullscar™

- Clean the skin in the area where the Nullscar™ plate will be applied. Always clean the skin again before reapplying the plate and keep the skin dry and free of products (creams, makeup, sunscreen, etc.).
- Remove the Nullscar™ plate from the protective plastic base in which it is inserted. This base must be kept for storing the plate between uses.
- For better skin adaptation to the product, start using the Nullscar™ silicone adhesive plate for 4 hours per day for the first 3 days. Gradually increase the usage by 2 hours a day until reaching a minimum of 8 hours per day.
- At the end of the adaptation period, its recommended use should be 8 to 12 hours.

### 1.10. Storage and Special Care

- To reuse the Nullscar™ silicone adhesive plate, store the product in a dry place and in the protective plastic base available in the packaging.
- It is recommended to clean the plate with running water and let it dry naturally or using lint-free cloths.
- The plate's durability after use is typically 30 days, and it can be used as long as the adhesiveness lasts.
- The product should be disposed of in regular trash. Avoid discarding it in inappropriate locations or throwing it into nature.